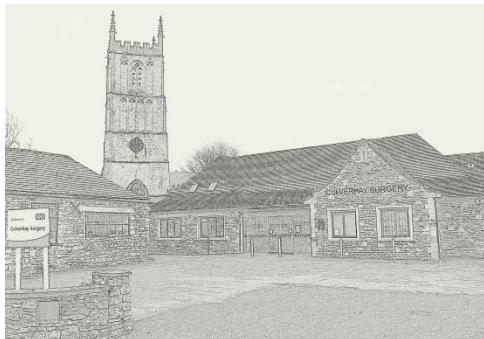


The CSPPG Newsletter

Issue Summer 2019

Contacts

Surgery	01453 843893
Dispensary	01453 844748
Out of Hours	111
Or www.culverhaysurgery.com	



Surgery Opening Times

Mon	8:00am – 8:00pm
Tues	8:00am – 6:30pm
Weds	8:00am – 8:00pm
Thurs	8:00am – 6:30pm
Friday	8:00am – 6:30pm
Weekend	Closed

Culverhay Interviews



Nurse Pippa Marrow

Pippa Marrow has worked as a practice nurse, as part of the Culverhay team, for 12 years now. She tells me she spends most of her working day dressing wounds, syringing ears, taking blood, giving travel immunisations, assessing respiratory function and doing asthma and COPD (= chronic obstructive pulmonary disease) reviews. She is the lead nurse for respiratory conditions and co-ordinates care for the frailer people in our community when extra care is needed, working closely with the district nurses and doctors to help keep people safe at home, and prevent avoidable hospital admissions where possible. Supporting carers is also a priority, as there is an increasingly large population of both carers and cared for, in our community. Pippa feels that the close communication Culverhay has with the district nursing team is vital and hopes this will continue now that its base has moved from the surgery to the fire station in Wotton.

Pippa came to Wotton in 1995, and has been working at the surgery since 2007, after being a patient here for 12 years. She also worked as a ward nurse at Frenchay Hospital until it closed its doors in 2012. She completed her nursing degree at UWE in Bristol, and has since taken diplomas in asthma and COPD assessment and care.

Pippa talks about how she loves working at Culverhay Surgery, mainly because the whole team functions so well together, supporting each other in every aspect of patient care. Whenever a second opinion is needed, the nurses and doctors work together, sharing advice and knowledge. Pippa also says "The reception and dispensary staff are absolutely brilliant to work with, and make my job so much easier on a daily basis." In addition, Pippa works regularly at the Vale hospital at weekends, as a ward nurse. She speaks highly of the new Stroke Rehab Unit there and is reassuring about the continuing access to 6 of the Vale's 20 beds that are reserved for local community patients. She says the standard of care there is high and the strong ethos of recovery to health and mobility as soon as possible, is achieved by an onsite physio team, and excellent facilities for rehabilitation on the ward.

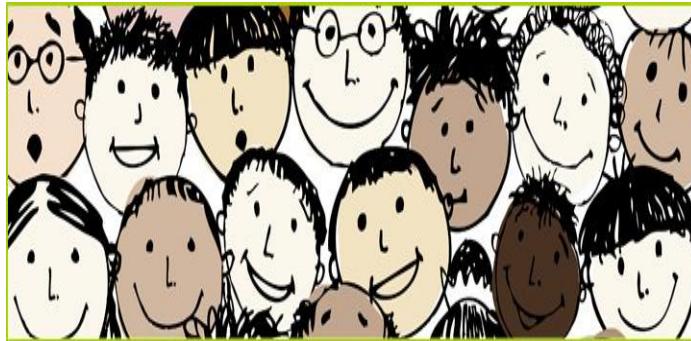
Pippa tells me she is an enthusiastic supporter of Parkrun, and encourages Culverhay's population to come down to the KLB fields, and join in the walk, jog or run that starts at 9am every Saturday morning. The Culverhay is now proud to be a Parkrun Practice.

I much enjoyed our interview. Pippa is an easy person to talk to, with a lot of warmth, common sense, humour and compassion.

Robert Maxwell



The Culverhay Surgery Patient Participation Group (CSPPG)



Are you interested in finding out more about our practice and the development of health services?

Culverhay Surgery Patient Participation Group (CSPPG) is looking for new members to join them.

No previous experience is required, but a willingness to meet at the surgery once a month for about an hour and get involved in discussions and debate over matters that affect the health service you receive as a patient of the practice. The CSPPG is a member of the National Association of Patient Participation Groups.

If this is something you may be interested in please complete the sign up form (see link below) and return to the surgery. Forms are also available from Reception.



[Complete the Patient Group Sign-up Form Online](#)

If you prefer, you can download the sign up form as a pdf document, print it out, complete it and return it to the Practice



[Download the pdf version of our sign up form](#)

We will be in touch shortly after we receive your form. Please note that no medical information or questions will be responded to.

Vacancy for Hon. Secretary

Following our recent Annual General Meeting, we were not able to fill the post of Hon. Secretary. It was felt we should advertise for new members and in particular try to attract someone who might be willing to take on this important role. Support will be given to any potential candidate who feels this might be just what they are looking for.

If you are interested please complete a membership form by clicking on the link above and stating your interest on the form. If you would like to speak to the previous Hon. Secretary please let the surgery know and we can arrange for them to make contact.

The role involves preparing the agenda for the monthly meetings, taking minutes and circulating to members. There are other small administrative tasks, for example making sure confidentiality agreements are signed by all members. There is the potential to grow this role, and opportunities to develop your knowledge and expertise about how services work by representing the CSPPG at the larger locality PPG meetings.

Terms of Reference

Patient Participation Group [Terms of reference](#)

The information you supply us will be used lawfully, in accordance with the Data Protection Act 1998. The Data Protection Act 1998 gives you the right to know what information is held about you and sets out rules to make sure that this information is handled properly.

Welcoming new patients

Culverhay Surgery is welcoming new patients to register at our Practice, you can register at the surgery or online at www.culverhaysurgery.com. We were recently awarded good by recent CGC inspection and outstanding for care of the elderly.

Minor Injury hospitals

The Vale Hospital, Dursley and West Gate Centre, Yate offer facilities you can go to if you need urgent medical attention but it's not a life-threatening situation. Injuries for example:

- sprains and strains
- suspected broken limbs
- minor head injuries
- cuts and grazes
- bites and stings
- minor scalds and burns
- ear and throat infections
- skin infections and rashes
- eye problems

These facilities need to be used otherwise we may lose them.

